



The American Anglican Council's "Anglican Traditions" videos are free for anyone to use. These facilitator notes are meant to act as an aid to getting the most out of the "Fire in the Fireplace" videos and are designed for small group use. The series is divided in to a prologue and 17 lessons with each having its own study guide and facilitator notes. Many thanks to Dolly McLemore of Christ Church Montgomery, AL, whose work forms the basis for these study guides. Find other videos at www.AnglicanTraditions.com.

These facilitator notes are for Lesson 13: Power from the Holy Spirit

Romans 8:3-4 New Revised Standard Version, Anglicized (NRSVA)

³ For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, **he condemned sin in the flesh**, ⁴ so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.

Romans 8:11 New Revised Standard Version, Anglicized (NRSVA)

¹¹ If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Galatians 2:20 New Revised Standard Version, Anglicized (NRSVA)

²⁰ and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

"Life from the inside out." Canon Ashe

If we ask!

Canon Ashe stated, "It is a fight. The power to overcome by the Holy Spirit is right at hand as God's promise through the Holy Spirit in us. And that power is available to all of us at any time, at any place, in any and every circumstance."

Ephesians 3:16 New Revised Standard Version, Anglicized (NRSVA)

¹⁶ I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit,

1. Describe how the Holy Spirit has changed you from 'the inside out.'
2. Canon Ashe says the power of the Holy Spirit is always available to help us battle our flesh, but we have to ask for that power. Give an example of when you asked the Holy Spirit to help you in your battle.
3. Are there any reasons you would not ask the Holy Spirit to help you in your battle?

Fire in the Fireplace Facilitator Notes

4. If you were trying to help someone else who was battling with any type of addiction, habit or problem with the 'flesh', how and what would you advise them?
 5. How are crucifixion and resurrection tied together in the life of the believer?
-

Optional: *I Believe in the Holy Spirit*, Michael Green

Chapter 6 - The Spirit in the Individual

The Spirit of Power – Liberty not license (Page 107) "He sent his own Son in human flesh, identical with us except for sin, and he condemned man's sinfulness in Christ's person, hanging upon the cross, as a sin-offering for us. He did so in order that the just requirement set out in God's law might be fulfilled in us who live our lives not after the principle of self-effort but in the power of the Spirit."

The Spirit of Power – The Battle (Pages 108-109) Romans 8:11 "In other words, it is the Spirit who reproduces in us the crucifixion and the resurrection of our Lord. The old unregenerate 'I' (Ashley added narcissism and self-absorption.) is nailed to the cross with Christ (Gal. 2:20): **we 'live in the Spirit' or walk in the Spirit' precisely in so far as we allow the Spirit to 'crucify' the flesh with its affections and lusts'** (Gal. 5:24). And equally **it is the Spirit who liberates Christ's risen power in us** and enables us to share in his triumph. So 'walk in the Spirit, and you shall not fulfil the lusts of the flesh' (Gal. 5:16)."

"Power over the inclinations of the fallen 'flesh' is possible only when the Spirit is given control by our act of deliberate choice. **He has the power to overcome my fallen appetites, but he will not use it in me unless I ask him.**"